



## Community Resources

### Community Services

- [Central Rappahannock Regional Library](#)
  - Operates eight libraries in our area, holds numerous events and offers online book lending and free e-learning
  - 2607 Salem Church Road Fredericksburg, VA 22407
  - Phone: (540) 372-1144
- [Central Virginia Housing Coalition](#)
  - Provides affordable housing resources
  - 2300 Charles St. Fredericksburg, VA 22401
  - Phone: 540-604-9943
- [Community Health Center of the Rappahannock Region](#)
  - Offers services on a sliding-scale fee for uninsured patients
  - 1965 Emancipation Highway, Suite 100 Fredericksburg, VA 22401-3353
  - Phone: 540-735-0560
- [Empowerhouse](#)
  - Helps people who have been affected by domestic violence
  - 150 Olde Greenwich Drive, Suite 101, Fredericksburg, VA 22408
  - Phone [540-373-9372](tel: 540-373-9372) Hotline 540-373-9373, toll free 877-734-7238
  - Email: office@empowerhouseva.org
- [FAHASS](#)
  - Offers testing and support for people with HIV/AIDS and education for the community
  - 415 Elm Street Fredericksburg, VA 22401
  - Phone\*\*:\*\* (540) 907-4555 Ext. 110
- [Fredericksburg Area Food Bank](#)

- Helps feed hungry people in our region
- 3631 Lee Hill Dr, Fredericksburg, VA 22408
- Phone: (540) 371-7666
- [Fredericksburg Christian Health Center](#)
  - Offers services on a sliding-scale fee for uninsured patients
  - [1129 Heatherstone Dr, Unit 101, Fredericksburg, VA 22407, United States](#)
  - Email: [info@fchc.us](mailto:info@fchc.us?subject=Footer%20Contact)
  - Phone: (540)-785-8500
- [FRED Transit](#)
  - Offers bus service throughout most of our region
  - 1400 Emancipation Highway Fredericksburg, VA 22401
  - Phone: [540-372-1222](#)
- [Healthy Generations \(Agency on Aging\)](#)
  - Helps senior citizens and their caregivers
  - 460 Lendall Lane, Fredericksburg, VA 22405
  - Phone: (540) 371-3375
- [Legal Aid Works](#)
  - Provides legal assistance for low-income individuals
  - 500 Lafayette Boulevard Suite 100 Fredericksburg, VA 22401
  - Phone: 540-371-1105
  - Email: LAWfred@LegalAidWorks.org
- [L.E. Smoot Memorial Library](#)
  - Library in King George County
  - 9533 Kings Highway King George, VA 22485
  - Phone: 540-775-2147
- [Loisann's Hope House](#)
  - Provides shelter and housing assistance for homeless parents and families
  - [902 Lafayette Boulevard, Fredericksburg, VA 22401](#)
  - Phone: (540) 371-0831
  - Email: info@loisannshopehouse.org
- [Mary Washington Healthcare](#)
  - Local healthcare provider which operates two hospitals and a standalone emergency department
  - 2300 Fall Hill Avenue Fredericksburg, VA 22401
  - Phone: 540.741.1404
- [Micah Ecumenical Ministries](#)
  - Works with the chronically homeless and people at-risk of homelessness
  - 1512 Princess Anne St., Fredericksburg, VA 22401
  - 540-479-8302
- [Moss Free Clinic](#)

- Provides healthcare for low-income, uninsured area residents
- 1301 Sam Perry Boulevard Suite 100, Fredericksburg, VA 22401
- Phone: (540) 582.1061
- [Office on Youth](#)
  - Rappahannock Area provides program that encourage positive behavior in youth.
  - 12000 Kennedy Lane, Suite 100 Fredericksburg, VA 22407 Phone: 540 - 755 - 2636
- [Rappahannock Area CASA](#)
  - Helps abused and neglected children through the court system
  - 509 C Lafayette Blvd. Fredericksburg, VA 22401
  - Phone: 540-710-6199
  - Email: rappcasa@gmail.com
- [Rappahannock Area Health District](#)
  - Provides public health services to our region
  - Phone: 540-899-4142
- [Rappahannock Area YMCA](#)
  - Promotes youth development and healthy living
  - 5700 Smith Station Rd, Fredericksburg, VA 22407
  - Phone: 540-371-9622
- [Rappahannock Council Against Sexual Assault](#)
  - Helps people who have been affected by sexual assault
  - 615 Jefferson Davis Hwy. Suite 201 Fredericksburg VA 22401
  - Phone: (540) 371-6771
  - Email\*\*: info@rcasa.org\*\*
- [Rappahannock Goodwill Industries](#)
  - Helps people with barriers to employment find jobs
  - Phone: (800) 789-2816
  - Email: info@fredgoodwill.org
- [SERVE](#)
  - Helps Stafford County residents in financial crises
  - [15 Upton Lane, Stafford, VA 22554](#)
  - Phone: 540-288-9603
  - Email: SERVE@SERVE-helps.org
- [Thurman Brisben Center](#)
  - Provides temporary shelter for people who become homeless
  - 471 Central Road, Fredericksburg, VA 22401
  - Phone: (540) 899-9853
  - Email: info@brisbencenter.org
- [Virginia Employment Commission](#)
  - Provides benefits and services to unemployed individuals
  - 10304 Spotsylvania Avenue Suite 100 Fredericksburg, VA 22408

- Phone: 540-322-5768

## Mental Health

- [Mental Health America of Fredericksburg](#)
- Provides support, education, and advocacy for area residents who have mental health concerns
- 150 Olde Greenwich Dr., Suite 102 Fredericksburg, VA 22408
- Phone: (540) 371-2704
- Email: mhafred@mhafred.org
- [National Alliance on Mental Illness-Rappahannock](#)
  - Offers support and advocacy to individuals in our region
  - Phone: 540-642-3110

## Substance Use Disorder

- [Addiction Resource](#)
  - Provides resources and information for individuals with substance use disorder
  - Phone: [(800) 913-1755](tel:+1(800) 913-1755)
- [Alcoholics Anonymous](#)
  - A fellowship program that promotes sobriety
  - Phone: [540-752-2228](tel: 5407522228)
- [Narcotics Anonymous](#)
  - Provides peer-based support groups
  - Phone: 1-800-777-1515
- [Recovery.org](#)
  - Provides information on rehab centers across the country
  - Phone: 888-566-0563

## Prevention

- [Healthy Families Rappahannock Area](#)
  - Provides home visiting and support for at-risk families in our region
  - 600 Jackson St, Fredericksburg VA 22401
  - Phone: (540)374-3366
  - Email: hfra@rappahannockareacsb.org
- [Suicide Prevention Lifeline](#)
  - Provides free support for people in distress
  - Phone: 988